

Sweet Dreams Ministry

First Baptist Church Tuscaloosa

*"I will lie down and sleep in peace, for you alone, O LORD,
make me dwell in safety." Psalm 4:8*

Fabrics needed:

Obtain 100% cotton or cotton/polyester blends.

Make sure that fabric is 44/45" wide.

- 1 yard for main body **OR** 1¼ yards if the fabric has an obvious horizontal pattern
- ¼ yard for trim strip
- ½ yard for band

*Preshrink the fabrics by machine washing and drying.

*All seams are ½".

*Cut the fabric into the following sizes:

27" x 42" for main body

3½" x 42" for trim strip

11" x 42" for band

1. Iron the trim strip with wrong sides together to form a 1¾" x 42" strip.
2. Iron the band with wrong sides together to form a 5½" x 42" band.
3. Matching the 42" long raw edges, pin the band to the right side of the pillowcase main body fabric with the trim strip sandwiched in between.
4. Stitch, then zigzag or overcast the raw edge.
5. Iron this seam allowance toward the pillowcase body.
6. Matching the band seamline and upper edges, fold the pillowcase with right sides together.
7. Stitch the raw edges together along the length and width of pillowcase.
8. Zigzag or overcast the raw edge.
9. Turn the pillowcase right side out. Make sure corners are clean and crisp.
10. Iron the finished pillowcase!

*It's very easy to "snip & rip" these rectangles. Make a small scissor snip at the desired measurement and rip along the grain of the fabric.