

List of Items for Military Boxes

*******ALL FOOD ITEMS SHOULD BE INDIVIDUAL PACKS OR BAGS THAT CAN BE CARRIED IN POCKETS OR SMALL PLACES:**

Coffee and Tea single packs
Soups in microwave cups
Macaroni and cheese, pasta, etc in microwave cups
Chips, crackers, and cookies in individual packs, peanut butter crackers
Individual packs of oatmeal, grits, cereal
Individual packs of fruit and pudding
Crystal Light individual flavors that can be poured into bottled water and Kool-aid
Small serving sizes of tuna, chicken
Candy bars that do not have chocolate, such as Payday
Granola bars and Rice Krispie bars
Hostess Cupcakes and Twinkies
Little Debbie cookies in sealed bags such as oatmeal cakes or donuts
Trail mix, peanuts, hard candy—small bags
Microwave popcorn
Chewing gum, Life Savers, bubble gum, peppermints
No chocolate candy or cookies—it melts

Hand sanitizer—small individual bottles
Hand wipes in carry packs
Towelettes with make-up remover
Kleenex—small packs
Chapstick and Visine eye comfort drops
Small plastic bottles or tubes of hand lotion
Thick tube socks
Very small cans of foot powder or talc
Q-tips and cotton balls (large bag) plus snack size baggies that we can package cotton balls and Q-tips into
Gallon size plastic zip-lock bags—they use them for storage
Playing cards, Rook cards, Dominoes
Sudoku and word search books and crossword puzzles
Sunday comic pages and Parade Magazine, car and sports magazines, Women's Day
Greeting cards to send to family, etc (Government furnishes postage)
Stationery, writing pads, pens, pencils, small pencil sharpeners
Christian paperback novels,
Movie DVD's, Music CD's
Batteries—all sizes
Write letters to the service people. Tell them how much you appreciate them being there. Tell them you are praying for them.